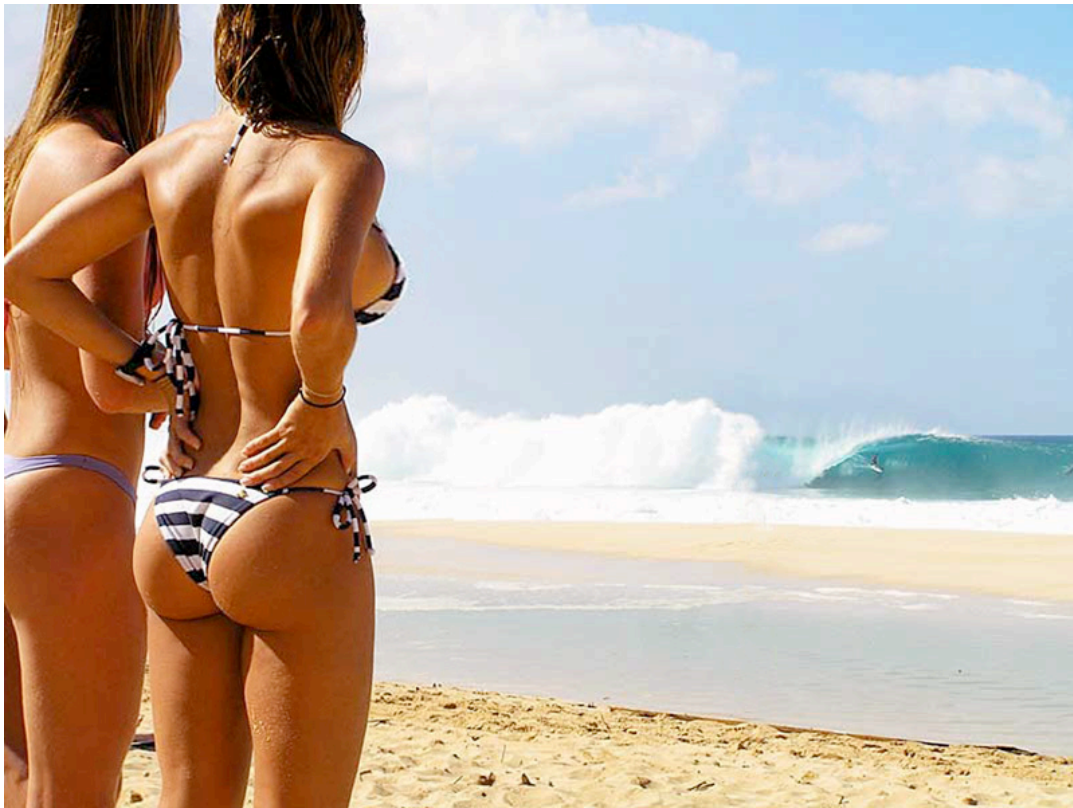


The Definitive Guide Beach Seduction

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By Isabella Stone – Head Coach of Porn Star Sex Life

You already know that being successful with women is based partially on what you know mostly and how you *apply* that knowledge.

In this eBook I'm going to unveil my secrets for success when it comes to meeting and picking up women at the beach. I am also going to show you how to use your "wing-man" to your full advantage.

Let's face it; there are very few places out there that offer more insanely hot women who are already nearly naked than the beach does. And this summer is the absolute perfect time to start bringing some of the sexy young things back home to your place.

Whether you're a newbie, or a pro, these strategies will put your seduction skills on the fast track and will get you LAID fast.

Again thank you for reading this eBook. This was just my way of saying thank you for being a loyal member of our free online newsletter.

-Isabella Stone

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Chapter 1 - Have The Right Mindset For Beach Seduction

So why do you like to go to the beach? Is it to catch some waves and work on your tan? Drink warm beer that's covered in sand? Or is it to scope out all the hotties wearing next to nothing?

If you're like me then it's probably to check out the women. I mean what could be better than a seemingly endless supply of nearly naked women walking around everywhere, just begging for you to approach them?

So, then let me ask you a question: Why aren't you approaching them?

Is it because you don't want to be looked at like a pervert? Or because you don't have a "Bowflex Body"? Or, is it because you think that if you walk up to a woman lying down in the sand, and she rejects you, then the rest of the beach will see it and laugh at you?

Understand one thing: these women are there to have a good time and attract the opposite sex. Why do you think we wear those skimpy bathing suits? It's to turn you on and show off our bodies.

Just like anywhere else, women at the beach know that if you approach them, then you are interested in them. Because of this AND the fact that they are sitting there half naked, it's often best to be direct with your intentions. Telling a girl on the beach that you saw her from across the way and had to come meet her shows a lot more balls than beating around the bush.

All too often guys will approach me and ask something weak such as "Do you know where I can find a hotdog vendor"? In their eyes, the guys are hoping that they will be able to start a conversation based off a simple question like that, but in all honesty, have no idea how to keep any momentum going. If you give a girl an opportunity that early

on to shut you out completely, she most likely will, and then your chances with her are all but lost.

Imagine how much more impressive and “Alpha Male” sounding something such as “I saw you from over there and really wanted to come meet you. I have an extra boogie board over by my things. Would you like to go for a dip”?

While she still has the option to tell you “no”, your chances of success are very high since you are displaying a number of traits right away that women go nuts for.

1. By telling her that you really wanted to meet her, you are immediately showing that you are interested in her, and are brave enough to make the approach with no hesitation.
2. When you tell her that you have an extra boogie board (make sure you actually DO have one) and inviting her in to the water, you are displaying leadership (since you have an activity and location already decided upon).
3. Assuming she agrees to go in the water with you, you have now moved her from her original location (her beach towel, or where ever you approached her) to a new location. This shows that she is comfortable enough, and is attracted enough to let you take her on an “instant date”. This is fantastic since you now know where you stand with her, and you can begin to escalate and get flirty pretty rapidly. However, since she IS wearing almost no clothing, she will be extra sensitive to any kind of touching at this point.

It is key to remember that your body language, vocal tonality and even facial expressions are very important. When making the approach, your head should be up, chest forward and arms swinging loosely by your side.

Keep in mind that even though the beach is a relaxed atmosphere, you still need to demonstrate that you are a strong Alpha Male, who will keep her having a great time.

Chapter 2 – The Power of “Instant Dates”

I mentioned in chapter 1 something called an “instant date”, but what exactly is that? Quite simply, an “instant date” is just take a girl you recently met and moving her from the location you met her, to a brand new one, which features a new activity. For instance, if you met a girl standing at a bar, and she came back to your table to sit down you have moved her from the original location (the bar) to a new one (your table) which featured a new activity (sitting down).

So why is this so powerful? When you go out on a first date with a girl who you met only recently, you need to have the whole date, including the locations and activities planned out right? Depending on how much fun you both have together will determine if there will be a second date.

Well an “instant date” allows you to have that “first date experience” instantly after meeting her. You don’t need to wait to get her number, and then call her a few days later etc.

The beach is no different then meeting a woman at a bar, in fact in a lot of ways it’s a lot easier to bring her home after meeting on the beach.

The beach offers you loads of great activities that you can include her on immediately, and use to build tons of attraction between you both. Below is a small list of just some of the “instant date”s you can plan:

- Building sandcastles
- Frisbee
- Volleyball
- Snorkeling
- Riding jet skis
- Boogie boarding
- Surfing
- Grabbing a drink/ food
- Walk on the boardwalk

Getting ice cream
Collecting shells

Once you have an “instant date” activity picked out, you will use that to get to know each other a little better. These activities are great for small chitchat while having fun. One important thing to keep in mind is that, if you can take a girl who was doing something mundane such as lying on her towel getting a tan, and get her having fun with you in a matter of seconds or minutes the attraction levels will be through the roof. There is no need to really try hard to impress her.

You should spend the majority of the time getting to know her by asking her questions. When you find something you both have in common, run with it. For instance, if she mentions that she recently got back from a vacation in Italy, and you recently went there, this is a great jumping off point to dig a bit deeper.

Okay so, where are we now? Well at this point you should know the proper mindset needed for beach pickup. You should also know how to approach a girl and get her to go on an “instant date” with you. Finally, these “instant dates” should be used to get the two of you having fun with each other and building a level of comfort between you.

So what’s next? Well now that you’ve got this hottie having a lot of fun with you and completely attracted to you, it’s time to take it to the next level and start to escalate physically.

Chapter 3 – Getting Physical And Beyond

This seems to be everybody's favorite part; You met some pretty little thing, you both had a lot of fun, and now you want to move this new relationship to the next level by playing a little kissy-face (and more). But how do you know if you are moving too fast? Or what happens if she looks down and sees that you are ummmmm "excited"?

Have no fear. I am here to make sure that you both have the time of your lives.

As I mentioned in Chapter 1, since your girl is nearly naked, and because of this she is going to be a bit extra sensitive about you touching her too much too quickly. Think about it like this; if, when you approached her for the first time, you offered to rub tanning oil on her, what do you think her reaction would be? Most likely she's tell you to get the hell away from her and kick sand in your face.

On the other hand, IF the two of you are having a great time on your "instant date" and you told her that her shoulders and back were a bit red, and you think you should run some suntan lotion on, do you think she'll have any problem with that? Of course she won't. This is because she is now comfortable enough to allow you to touch her in that way.

One of the most powerful tactics I've found is offering to run suntan lotion on her back, shoulders and neck, and when you are walking back to your towel (or where ever your lotion is kept) holding her hand.

The beauty of holding her hand is that it serves several purposes. First it shows everybody else around that she is yours (it wards off potential cock-blockers) while it also helps to continue building a strong level of comfort with you.

The important thing to remember is that the beach is not much different then any other venue you can meet a woman at. When it

comes to getting physical with her, you need to take it one step at a time. Moving too quickly will set off warning sirens in her head and really hurt your chances with her. Yet, not moving quick enough will tell her that you are either not interested in her any more, or you are just not too sexually educated, and don't know what to do with a woman.

This is why holding her hand while you go to get the lotion is so effective. On top of everything else, it tells her that you ARE sexually educated AND you are still very much in to her.

So what comes next? Well, holding hands and touching her back is all fine and good, but you're not reading this to learn how to hold a woman's hand, you want to know how to get laid.

First things first my friend, we're getting there. That was just used to build a strong foundation on which to build from.

Once she is comfortable enough to hold your hand and let you rub lotion on her, you should ask her to return the favor. This will not only get her comfortable with you touching her, but it will also get her comfortable touching you.

Now it's time to start a brand new "instant date". Why is it a good idea to start a new "instant date" instead of just going back to the last one? Well, ending one date by getting the suntan lotion served two purposes; it allowed you to get closer physically and it ended as an "activity breaker" And all an "activity breaker" means, is that you use it to transition from one activity to another.

At this point, she is having a great time with you doing one particular activity (your first "instant date"). Now we need to get her comfortable with you in other environments. This alone really speeds up her desire to build more physical contact with you because she now sees you as much more of a leader and adventurous person.

So, go back to the previous list of "instant date" activities, and pick something else. Lets say that your first date was to play a game of

volleyball. Now you are probably pretty hot and in need to cool off; so you might choose something such as to go in to the ocean for a dip.

This is the perfect place for you to build a stronger physical connection by tackling her in the water (be gentle) dunking her, or grabbing her close and jumping in to a wave together.

Now that she is having a great time with you on your second “instant date” AND she’s that much more comfortable being physical, it should be pretty simple to go in for a kiss. The water is the perfect place for this since the feel of your nearly naked, wet bodies will drive her through the roof.

Remember not to push her too hard since you’re not quite there yet. At this point, you should try focusing on just kissing and maybe a bit of light toughing. Although it is still possible to go too fast and ruin your chances, this is the point where she will decide just how far she will be going with you.

Chapter 4 – Closing – Making Same Night Plans

So where are we now? You've met a cutie, taken her on a few fun and exciting "instant dates"; and have even made out a bit. What comes next? Now you need to make future plans with her. This could mean a number of things from planning a night out at the movies to taking her back to your place right then and there.

Since your girl is already in a state of heightened sexuality we are going to skip past trying to get her on a romantic date, and go right for the good stuff.

As a disclaimer I should warn you that unless she was doing more than just kissing you before, you should not even attempt to bring her home. She will know you are just after one thing, and this will set off red flags everywhere. However, IF while you were in the water, she had her hand in your swim trunks, then by all means be my guest, and invite her home.

In situations like this you should use a very forward and direct date invitation:

Me: Do you know the Havana Club on 4th and Ocean?

Her: Yeah, I like that place.

Me: Great, I'll see you there at 8:00 PM

I know this may not sound like how you usually ask a girl out; but remember that your girl is in an extremely heightened emotional state, and it is your job to not only keep her there, but also to raise it even higher. Most likely there will be some amount of time between when you invite her out, and when you meet up that same night where she will not be seeing you.

During this time away from each other you need to make sure that she remembers just how you made her feel when she was at the pinnacle of her sexual excitement. The above example illustrates how to do this perfectly. You are demonstrating the highest level of self-

confidence possible at this point by telling her *“I know you might already have plans for tonight, but I don’t care. Tonight you are all mine.”*

You may have your own ideas for where and when you want to meet your girl later, and that is fine; the important sentence to remember is *“Great, I’ll see you there”*. That is the statement that will keep her at peak interest.

Now you should understand how to meet, attract, build massive amounts of sexual attraction, and close a girl who was very recently a stranger at the beach. It is now up to you, to go out and practice all of this material. It truly is the only way to learn and get better.

However, there is one thing left that I can teach you that will improve your beach game by leaps and bounds – and that thing is using and becoming a the perfect wingman. In the next section, we will be discussing both of these crucial factors.

Chapter 5 – The Perfect Beach Wingman

I don't know about you, but I don't know too many guys who often go to the beach all by themselves. They usually have at least a friend or two with them when they go.

This may raise certain complications when you are trying to meet women.

1. Is my friend going to cock-block me?
2. Is he going to try and steal my girl?
3. Is my friend NOT going to get the hint when I want to be alone or on an "instant date" with a girl?
4. Will my girl feel weird kissing me if my friend is around?
5. When I make plans to see my girl later that night, will my friend assume that HE is invited to come along as well?

All of this needs to be taken in to consideration when you decide to go to the beach with your buddies to meet women.

From now on your friends will be your wingmen, and you will be theirs. The main job of a wingman is to help their friends out however they can in order to get the girls that they want.

Good wingmen know each other inside and out, and can pickup on all the subtle cues that other people may not be able to see. These cues are usually subtle signs in ones body language or spoken words. In order to illustrate how this entire process works, let's work through how a good wingman would handle the complications I listed above.

To illustrate how to avoid being a bad wingman, we are going to pretend that YOU are the acting as the wingman for the rest of this chapter.

1. *Is my friend going to cock-block me?*

It's sad to think that all too often you could be having an awesome time with a girl and out of nowhere your buddy comes by and says something stupid that completely ruins your chances with her.

Any good wingman will know how to follow this simple rule:

Your job is to make your friend look good. Don't tell any stories at all. If you think something might be funny or relevant suggest that your friend tells it. Saying something like "Hey John, remember that time the jelly fish stung you on the ass?" Will allow John (or what ever his name is) to either respond with some positive, such as "Yeah, that was really funny". Or something negative like "I don't think we really need to get in to that story right now".

No matter what the John's decision is, you opened the door for him to look good in front of this girl, but you did not force him through it. If you were to just lunge in to that jelly fish story, there would be a real possibility that you just through John under a bus.

2. Is he going to try and steal my girl?

This is a problem we all face at one time or another. We are having a great time with a girl, you turn your back for 30 seconds, and when you turn back, she is making out with your friend.

In the my industry, we have a name for this kind of friend. We call him a "Dick head". The name is pretty self-explanatory, but all too common. If you ever want to be a truly good friend and wingman you need to remember this **LEAVE YOU FRIENDS GIRL ALONE!**

The **ONLY** time it is acceptable to mess around with a girl your friend likes, is if she makes it perfectly and completely clear that she has absolutely no interest in him.

Lets say for a second that the three of you are sitting around having a conversation, and as John goes to grab her hand, the girl pulls her hand away and places it on your knee. At this point, it is perfectly fine

to move forward with the girl (assuming John is aware of what's going on).

Asides from a situation such as the one above, it is NOT okay to try and steal the girl that your friend likes.

3. *Is my friend NOT going to get the hint when I want to be alone or on an "instant date" with a girl?*

While going to the beach with your friends can be a great way to spend the afternoon, there are certain times when you will need to find something to do on your own. Let's face it; nothing can ruin the mood more than a friend who just won't go away when you want him to.

On the beach, you might think that the best time to leave your friend alone is during an "instant date" since they are used to generate very high levels of comfort and attraction; however, most of the time this is the best possible time for you to help your friend out. For instance, if he asks his target girl to play Volleyball, you can choose to play on the opposite team from them. That act alone will help his cause tremendously since it gives the two of them the opportunity to build a sense of teamwork and togetherness.

Once the game is over, and your friend invites the girl back to the towel to apply sunscreen, now is a good time for you to scam.

You can help your friend even more by offering to go get everybody a cold beverage from a vending machine or beachside shop.

4. *Will my girl feel weird kissing me if my friend is around?*

Short answer: Yes. If your friend has really hit it off with a girl he just met, she most likely will not kiss him while you are around.

Still thirsty? This is the perfect chance for you to grab another drink from the vending machine.

5. When I make plans to see my girl later that night, will my friend assume that HE is invited to come along as well?

This can be a bit tricky. On the one hand, your friend obviously wants to be alone with his girl. But on the other, he may not be able to secure a completely private date at this point.

Let's look at the two most common scenarios:

1. Your friend has really hit it off with his girl. They have been going at it like crazy, and absolutely want to see each other later. However, she has her friend with her who she can't very well just ditch. Your buddy is smart and knew to say something like:

Him: "Hey guys, do you know the Havana Club on 4th and Ocean?"

Her: "Yeah, I love that place"

Him "Great! We'll see you both there at 8:00PM"

As soon as your friend said "We'll see you both there at 8:00PM" that was your signal to know that you should now make yourself available to go out that night.

Now here is scenario number 2:

Assuming that your friend and his girl are planning to see each other later, he may take her aside and say something like:

Him: "I really like you, and want to see you tonight. How about we ditch our friends and go have our own fun?"

It should be pretty obvious that you are not invited on their date with them. Don't worry, you did a great job today helping your friend out, and it is now his responsibility to return the favor. Now all you have to do is follow the strategies outlined in this book, and make sure he is as good of a wingman as you are.

Chapter 6 – Closing Remarks

I really hope that you enjoyed reading this book and have gotten a lot out of it.

Make sure you review it on a regular basis and pay attention to the various strategies. This book was designed to be a reference guide and resource that you can use over and over again.

It is now up to you to apply the techniques you have learned (Hey, I can't do it all for you). While this book has given you all the key elements you will need to succeed at beach game, the only way to get good is to go out there and practice.

I really hope you enjoyed this book. I put a lot of time and work in to and spent countless hours condensing it down to only the bare essentials (The original draft was almost 200 pages, and while it covered a lot of great aspects of beach game, I didn't want to overwhelm you with too much information).

I'd really appreciate it if you dropped me a line and let me know what you think. My email address is Isabella@pornstarsexlife.com

Best Regards,

Isabella Stone

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Porn Star Sex Life

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